

## Faith and History - 8 Days



Your Itinerary, maps and weather



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## **An Amazing Holiday Awaits You**

This amazing experience combines those aspects of Egyptian culture which, centuries ago, distinguished it at as a leader in innovation, science, art and design. And underlying these were a rich history in the evolution of faith in all its forms.

The holiday has been crafted to showcase the very best that Egypt has to offer. This experience begins with an overview of the achievements of ancient Egypt. From the design and building of the pyramids, to the various cultural and social changes that have shaped Egypt through the centuries. And in that, a visit to the National Museum of Egyptian Civilisation explains in vivid form, the forces that have left their mark on Egypt not only the pharaonic era but those which have followed.

And of course, this experiences traces part of the journey undertaken by the Holy Family. "Following in their Footsteps" identifies those areas that they traversed and the communities they touched and sought sanctuary in. Moving and emotional and for most people, the first time they have experienced this type of tour. This is, above all, part of a footnote of history and of the people whose paths have crossed with Egypt. The experience will appeal to not only those who have faith, but those who are keen to learn more about the forces and people who have shaped Egypt.

#### The Essentials of this Itinerary Are

## **5 Stars All The W ay**

• 5 Star Hotels in Cairo

#### **Concierge Service in Cairo**

- Your concierge will meet you as you disembark your flight and/or in the Customs Halls.
- You will be ushered with priority through Customs and Immigration no more waiting in long queues.
- All transfers will be accompanied by our staff and in air-conditioned comfort.

#### An App Which Keeps You in Contact with Love Ones

• We can provide a personal Travel App for your phone, laptop or tablet that enables you to keep in direct contact with your friends and family and which gives you updates about any changes to your flights. The ultimate travelling companion!



## Day 1: Arrival Into Cairo and Your Overnight Accommodation

### **Meet and Greet At Cairo Airport**

Our representative will be on hand to facilitate your transit through Customs and Immigration.

#### **Transfers and Free Time**

Our representative will travel with you from the airport to your hotel to ensure a smooth transition and booking in process. Time to rest up in preparation for the start of your trip.



## Day 2: An Introduction to Egypt

<u>Pyramids of Giza and Sphinx</u> - The pyramids of Khufu, Khafre and Menkaure are over 4500 years old and are a testament to Egyptians skills whilst the Sphinx guarded the royal tombs.

<u>Saqqara</u> - The Saqqara area is the most researched archaeological site in Egypt with recent excavations undercovering new tombs previously unknown.

**Overnight -** the second of 7 nights at the <u>Cairo Marriott (Nile River) 5 Star Hotel</u>. B L included - Dinner at Own Expense.



#### Day 3: Where History, Culture and Adventure Converge

National Museum of Egyptian Civilisation - The museum houses over 30 mummies as well as hundreds of artefacts that showcase Egyptian civilisation.

**The Khan El-Khalili** Bazaar is a bustling, vibrant market and dates to the 14th century. Its your time to wander the alleyways and engage with the humour of the store holders.

Overnight - the third of 7 nights at the <u>Cairo Marriott (Nile River) 5 Star Hotel</u> B L included - Dinner at Own Expense.





#### **What You Can Expect From This Experience**

**NMEC** presents the innovation of the ancient Egyptians and their contribution to mathematics, engineering, astronomy and many other disciplines.

The National Museum of Egyptian Civilisation (NMEC) gives both perspective and deep insight into this amazing society. The history of Egypt is presented in themes with the bottom floor built like a pharaohs tomb whilst the upper floors coves m ore recent periods.



### A World Class Museum Dedicated to Egyptian History

Since its opening in 2017, **NMEC** has gained an international reputation for excellence.

It's themes include the **Dawn of Civilization**, **The Nile**, **Writing**, **State and Society**, **Material Culture**, **Beliefs and Thinking** and the **Gallery of Royal Mummies**. For travellers to Egypt, it provides deep insight to the amazing society that the Egyptians built from prehistoric days to the present. The Museum is in Al Fustat, an area at the heart of Egyptian history.



#### Their Intellect Drove Innovation

The ancient Egyptians would come to invent mathematics, geometry, surveying, metallurgy, astronomy, accounting, writing, paper, medicine, the ramp, the lever, the plough, and mills for grinding grain. They also developed:

The first police force,

The first medical centres (Houses of Life) and even;

A **public health system** for pyramid workers.





### **Ancient Egypt's Incredible Achievements**

Egypt is considered to have been one of the most, if not the most, advanced ancient civilizations. It developed thousands of years before many other cultures. The scope of the ancient Egyptians brilliance and innovation ranged from its well-known architectural accomplishments (the pyramids) which were based on the ground-breaking achievements it made in mathematics and engineering, to its advancement in the sciences of astronomy, medicine, medical surgery and the law. And <a href="NMEC">NMEC</a> presents Egyptian innovations in a way which leave you in awe!



#### **More Facts More Fun!**

If you unwrapped the bandages from a mummy, the bandages could be as long as 1.6 km.

Egyptian women had equal rights.

One female Pharaoh, Hatshepsut, portrayed herself in statues with a male body. She also wore a fake beard!

Bread and beer were used as currency.



#### **About Lunch**

We enjoy taking our guess out for lunch because it's another way to experience Egyptian culture. We just want to make the following points. We only take our guests to the best restaurants.

We place good hygiene and cleanliness within those establishments as the number 1 priority. The restaurants offer both vegetarian and non-vegetarian options. If you choose to pass on lunch, we won't take it personally. But please be assured, your health and safety is our overriding priority.





### Lunch at El-Fishawy Café

We will wander through the narrow alleyways and past numerous vendors for the short walk to El-Fishway Café. And it is in this incredible café full of Egyptian charm, where we will sample the pastries and coffee as we take in the history of the oldest café in the bazaar.

You can soak up the atmosphere as did people like Napoleon and the Egyptian President Abdu Nasir. And lunch will be taken at the bazaar. It's a place where you feel you have travelled back to an era of another century.



### The Most Amazing Cultural Experience in Old Cairo

The Khan El Khahlili Bazaar is open 24 hours a day and has been since the 1400'S. And with the hundreds of store holders within its precincts, the windings alleys reveal something around each corner. It attracts a cross section of Egyptians and is a truly incredible cultural experience.

And be warned, the allure of the bazaar and the friendliness of the locals will draw you back time and time again.



### Where you Can Literally Buy Anything

The Khan El-Khalili Bazaar in Cairo is a bustling, vibrant market and dates to the 14th century. Located in the heart of Islamic Cairo, this colourful bazaar is filled with shops, stalls, restaurants, and cafes selling everything from spices to jewellery to souvenirs.

It's your time to wander through the alleyways and engage with the humour of the store holders and comments like "I don't know what you are looking for, but I can sell it to you".





#### And Where the Senses Come Alive

The spice market within Khan El Khalili heightens the senses as the aromas of herbs and organic food additives waft through the air. It appears that time has stood still in the bazaar and you can appreciate why the bazaar has attracted people and merchants from all over the world. And it still does!



### Day 4: We Travel to Tel Basta and Belbis

Today you start the journey retracing the steps of the Holy Family. We will stop at Bubastis (now known as Tel-Basta) where Jesus created a spring and you visit the Holy Well. We then travel to Belbeis where the family rested under a tree ("The Virgin Mary's Tree) and also visiting the Saint George Church.

Lunch is taken at a local restaurant

Overnight - the fourth of 7 nights at the <u>Cairo Marriott (Nile River) 5 Star Hotel</u> B L D included - Nile River Cruise and Dinner



### Day 5: We Travel to Sakha and Samanoud

We travel to Sakha and the **Virgin Mary Church** and footprint of Jesus, before travelling to Samanoud. Tt was here that the Holy Family crossed the Nile where Christ blessed the people. You will visit **Saint Abanoub Church** as well as the holy well from where the family drunk.

Lunch in a restaurant in Tanta City.

**Overnight** - the fifth of 7 nights at the <u>Cairo Marriott</u> (<u>Nile River</u>) <u>5 Star Hotel</u> B L included - Dinner at Own Expense.





#### Day 6: We Travel to Wadi Natroum

Today we visit Wadi Natroun. The Holy Family crossed the Nile to the south of Wadi Al-Natroun. It is said that the Virgin Mary and Jesus hid in that valley during their trip to Egypt. You will visit 4 monasteries, Deir al Beirus, Deir Anba Bishoy, Abu Makar and Deir El-Suryani.

**Lunch** is one your way back to Cairo **Overnight** - the sixth of 7 nights at the Cairo Marriott (Nile River) 5 Star Hotel B L included - Dinner at Own Expense.



## Day 7: Coptic Cairo - The Hanging Church

<u>Coptic Cairo</u> has a concentration of Christian churches that date from the centuries between the decline of the pharaonic religion and the arrival of Islam when Egypt had a Christian majority. The name <u>'Hanging Church</u>' comes from the fact that it was built atop the walls of the 4th century BC Roman fortress. It is believed in Christian tradition that the Holy Family visited this area and stayed at the site of Saints Sergius and Bacchus Church.

**Lunch:** Lunch is taken at a local restaurant



#### Coptic Cairo - the Ben Ezra Synagogue

The <u>Ben Ezra Synagogue</u> is the oldest synagogue in Cairo and was founded in the 9th century claiming to be where Moses was found in the reeds. It is where Mary drew water to wash Jesus. The synagogue's storeroom was found to contain a treasure of forgotten sacred manuscripts known as the Geniza Collection.

**Overnight** - the seventh of 7 nights at the <u>Cairo Marriott</u> (<u>Nile River</u>) <u>5 Star Hotel</u> <u>B L included</u> - <u>Dinner at Own Expense</u>.





## Day 8: And Perhaps Some Last Minute Shopping

#### Breakfast in the hotel

**Checkout**: Checkout times can be discussed with the hotel but are typically between 11 am and noon. Depending on your departure time, it may be that you would like to relax or have a shopping experience at the <a href="Khan El Khalili Bazaar">Khan El Khalili Bazaar</a>.

**Transfers and Flights:** You will transfer to Cairo International Airport for your ongoing journey. **End of Tour** 



#### **Contact Details**

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## **Inclusions**

- 7 x nights' accommodation at the Marriott Nile Hotel with daily breakfast
- Lunch each day 1-7
- Dinner on Day 4 Nile River Cruise
- Your personal concierge representative to guide you through Customs
- 2 x full day tours of Cairo (as determined on the itinerary)
- Camel or horse ride in the Giza Pyramids area
- All ground transfers in Cairo in private modern A/C coach
- All entrance fees, service charge, current taxes, and vat.
- Services of an English-speaking guide

#### **Exclusions**

- International Airfares
- Dinners Days 1-3 and 5-7
- Visa Fees
- Optional tours
- Personal expenditure of any kind
- Entrance to enter inside the pyramids.
- Tips
- Drinks, extra meals, and any personal expenses

## Acknowledgements

We would like to acknowledge the following individuals and groups who have made their videos publicly available on You Tube

France 24: Tombs in Saggara Necropolis

**Hashem Al-Ghaili:** Amazing Facts About The Pyramids

Inspirisch: 13 Fascinating Facts About The Great Sphinx Of Giza

Joshua Hanlon: The New Home of Egypt's Mummies - ECM

Michael Jiroch: A Look At Khan El Khalili Bazaar & The Hanging Church



National Geographic: The Great Pyramids of Giza

**Sheila** - Visiting Ben Ezra Synagogue